

Support Extreme Athlete, Alicja Barahona's 120-Mile Non-Stop Run On May 2nd - 3rd

She will go the extra 120-miles to
raise awareness and funds for the
LI2Day Breast Cancer Walk.

The run starts at JFK at 8 a.m.
and continues on Rt. 25A to the
finish at Montauk Point.



About the Long Island 2 Day Breast Cancer Walk

The LI2Day Walk was founded in 2004 responding to the critical need for funding of community-based organizations that provide assistance to Long Islanders with breast cancer. 100% of the funds raised from the 35-mile, two day walk goes to local organizations, research and the LI2Day Scholarship Fund. In five years, LI2DAY has raised more than \$2 MILLION to assist with medical expenses, transportation, prosthetics and wigs, physical therapy, childcare, research and education. The 6th Annual LI2Day Breast Cancer Walk will be held on June 6 - 7, 2009. For more information visit www.li2daywalk.org.

WHAT'S RAISED HERE STAYS HERE!

Help Alicja FINISH STRONG for LI2DAY. Make a donation today!

For more information on LI2DAY or to make an online donation in Alicja's name, visit www.li2daywalk.org. To donate by check, make payable to LI2DAYBCW and mail to P.O. Box 506 Nesconset, NY 11767 (in memo put Alicja's Run)

Alicja Barahona's Notable Triumphs: 2004 – 350 mile Niger desert race (1st Overall), 2005 – 350 mile race after the Alaska Iditerod Trail; 210 mile race across the Sahara Desert in Egypt (1st in Women's, running with a *fractured foot*), 2006 – 350 mile race after the Alaska Iditerod Trail; 400 mile desert race from Bilma to Agadez, Niger (1st in Women's, 3rd Overall), 2007 – 120 mile Long Island run for LI2DAY; 145 mile Birmingham to London run (3rd in Women's); Inaugural Hamptons Marathon (ran twice for a total of 52.4 miles). 2008 – March, 205 mile, non-stop 6633 Ultra Race from Eagle Plains, Yukon to the banks of the Arctic Ocean at Tuktoyaktuck. 2009 June, 260 mile Thames Ring Race - a non-stop trail race. For more information on Alicja's races, please visit her website: <http://www.sahararunner.com>.