

# Noted Ultra Runner to Raise Funds for the Alzheimer's Association



Alicja Barahona, seen here running the 350 mile race across the Iditerod Trail in Alaska (2006), in an effort to raise funds and awareness for the Alzheimer's Association, where she took home a WIN in the women's category!

**Alicja Barahona, world renowned Ultra "Extreme" Runner to raise funds and awareness for the Alzheimer's Association this Spring, as she embarks on The 6633 Ultra, the "Coldest Ultra Race" in the Arctic Circle, March 15<sup>th</sup> 2008!**

*From Eagle Plains, Yukon to the banks of the Arctic Ocean at Tuktoyaktuk. A true Arctic experience - this race really does enter the Arctic Circle and can quite genuinely claim to be the toughest, coldest Extreme Ultra Marathon on the planet. In addition racers will have to contend with winds that can quite literally blow you away. (<http://www.6633.com>)*

**Please join the Alzheimer's Association, as we thank Alicja for enduring 350 miles non-stop, while pulling a sled behind her and surviving -40° temperatures and strong winds from the north, in an effort to help benefit families impacted by dementia!**

Ultra "Extreme" Runner, Alicja Barahona, started **Memory4Life**, a campaign she began to honor the memory of a neighbor who passed away from Alzheimer's disease. A true **Alzheimer Champion**, Alicja shares a common goal with the Alzheimer's Association, of wanting to live in a world without Alzheimer's disease. "As a scientist, and as a resident of our local community, I see the challenges faced by families currently living with this disease and want to help." You can too, by making a donation to the Alzheimer's Association in Alicja's honor today!

Alicja Barahona has competed in several Ultra Marathons on behalf of the Alzheimer's Association: **2004** – 350 mile desert race in Niger (she won **FIRST PLACE OVERALL** – Men & Women), **2005** – 350 mile race following the Iditerod Trail in Alaska, and a 210 mile race across the Saharah Desert in Egypt (where she finished **FIRST** in the Women's Category, running with a *fractured foot* for much of the race), **2006** – 350 mile race following the Iditerod Trail in Alaska, and a 400 mile desert race from Bilma to Agadez, Niger (where she placed **FIRST** in Women's Category, 3<sup>rd</sup> Place overall). For more information on Alicja's races, please visit her website: <http://www.sahararunner.com>.

## Donation In Honor Of Alicja Barahona's Memory4Life Campaign Against Alzheimer's Disease

Please print this out and forward it, with your tax deductible donation, to:  
**Alzheimer's Association, 2 Jefferson Plaza, Suite 103, Poughkeepsie, NY 12601, or fax it to 845.471.8960**

**Chapter Name:** Hudson Valley/Rockland/Westchester, NY Chapter  
**Donor Name:** \_\_\_\_\_  
**Billing Address:** \_\_\_\_\_  
Zipcode \_\_\_\_\_

**Donation Amt.:** \$ \_\_\_\_\_  
**Method of Payment:** \_\_\_\_\_ Check \_\_\_\_\_ Credit Card\*

\*if paying by credit card, information in Bold Print must be filled out completely & legibly, for the donation to be processed

**Credit Card Type (circle one):** Visa    Mastercard    **American Express**    Discover

**Credit Card #:** \_\_\_\_\_ **Exp:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Person Authorizing Donation** **Date** **CVV#:** \_\_\_\_\_

**I wish to direct my gift as follows\*\*:**

- \_\_\_\_\_ 100% to Local Alzheimer's Association Programs & Services
- \_\_\_\_\_ 100% to Alzheimer's Research
- \_\_\_\_\_ Unrestricted/Area of Greatest Need

\*\*If left blank, 100% will be automatically applied toward Unrestricted/Area of Greatest Need