

# Support Extreme Athlete, Alicja Barahona's November 15th 120-Mile Non-Stop Run Across Long Island



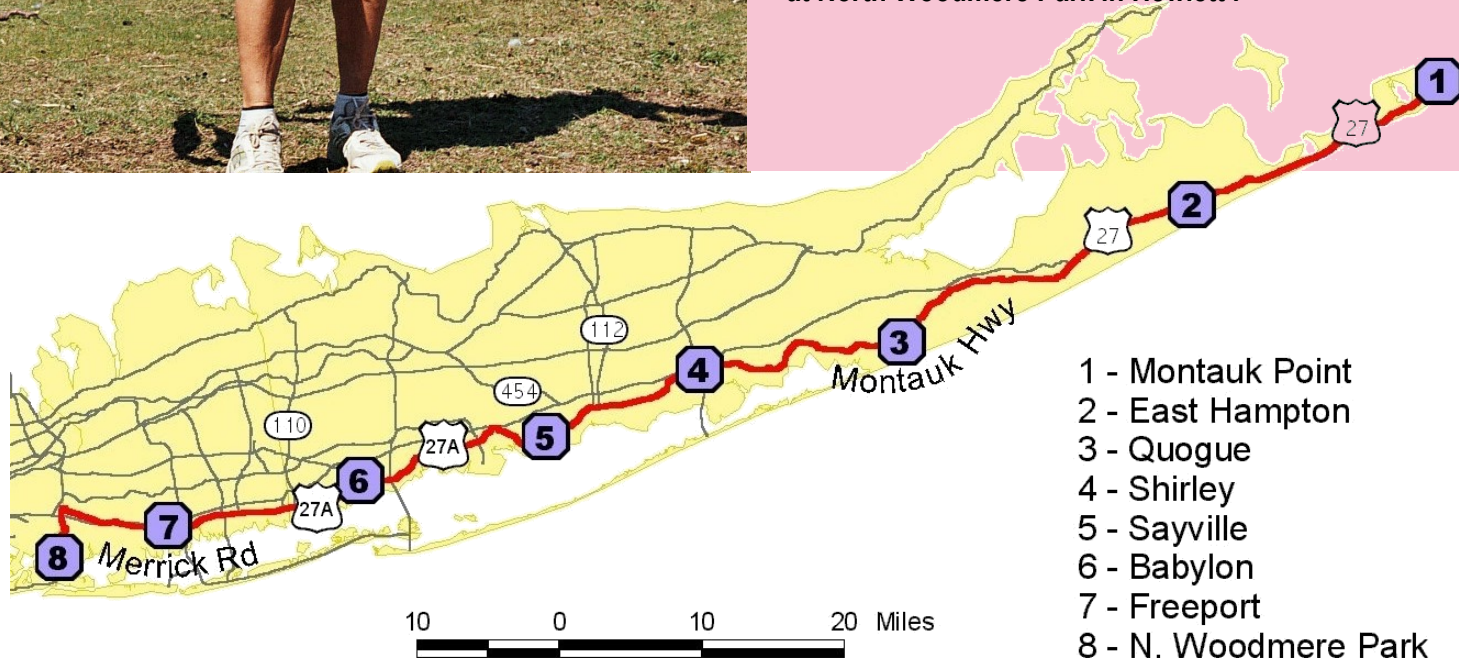
Help Alicja **FINISH STRONG** for those fighting cancer. Make a donation today!

Two ways to donate:

- Online at [www.li2daywalk.org](http://www.li2daywalk.org)
- Donate by check—Make payable to: LI2DAYBCW & mail to P.O. Box 506 Nesconset, NY 11767 (in memo put Alicja's Run)

## Running Route:

Run Starts November 15th at 9 a.m. from Montauk Point State Park Light House and finishes on November 16th at North Woodmere Park in Hewlett .



- 1 - Montauk Point
- 2 - East Hampton
- 3 - Quogue
- 4 - Shirley
- 5 - Sayville
- 6 - Babylon
- 7 - Freeport
- 8 - N. Woodmere Park

**About the LI2Day Walk:** LI2DAY is a not-for-profit organization founded in 2004 that raises awareness and much needed funds for the women and men in our community who are fighting breast cancer and other women's cancers. For more information visit [www.li2daywalk.org](http://www.li2daywalk.org). **WHAT'S RAISED HERE STAYS HERE!**



**Alicja Barahona's Notable Triumphs:** 2004 – Alicja Barahona's Notable Triumphs: 2004 – 350 mile Niger desert race (1st Overall), 2005, 2006 – 350 mile race after the Alaska Iditerod Trail (1st in Women's); 400 mile desert race from Bilma to Agadez, Niger (1st in Women's, 3rd Overall); 2008 – 205 mile race on Dempster Hwy crossing the Arctic Circle, 2009, 260 mile Thames Ring Race - a non-stop trail race (1st in Women's, 3rd overall), 2011 – 240 mile solo run on the Ice Road from Inuvik to the banks of the Arctic Ocean at Tuktoyaktuck. For more information on Alicja's races, please visit her website: <http://www.saharunner.com>.